

Carolina



South

M.O.V.E.

CHAPTER

If you are interested in getting involved or would like more information, **PLEASE CONTACT US...**

Youth

M.O.V.E.

South Carolina

M.O.V.E.

YOUTH MOV

then I realized

"I am somebody." - Unknown

Jenah Cason
Youth Coordinator
Federation for Families of SC
810 Dutch Square Blvd.
Suite 205
Columbia, SC 29210



Phone: 866.779.0402 (Toll Free)
Fax: 803.772.5212
Jenah.Cason@fedfamsc.org
www.fedfamsc.org

M. Motivating O. Others through V. Voices of E. Experience

"I wondered
why somebody
didn't do something..."

Who we are...

YOUTH M.O.V.E. SOUTH CAROLINA is the state chapter of Youth M.O.V.E. National. The program provides our youth with the opportunity to unite their voices in an effort to raise awareness around youth issues. We advocate for youth rights and voice in mental health and other systems in order to make them equal partners in the process of change.

What we do...

We provide our youth with a variety of outlets through which they can collaborate with their peers in a joint effort to advocate and raise awareness for the issues they face.



Capable of Blossoming by Kayla Campbell

The dead tree is symbolizing the negative things people think about mental health. In actuality, the people with mental health issues are blossoming flowers who enjoy life.

A piece submitted for the annual Youth Photovoice Exhibit that **Youth M.O.V.E. SC** organizes for Children's Mental Health Awareness week.

Youth M.O.V.E. Networks (YMN)

We currently have six different **YMN**s across SC. These local networks allow our youth to join together to discuss some of the major youth related issues. **Youth M.O.V.E. SC** believes in a "youth-guided approach" to decision-making and involvement. This approach encourages youth to pick the topics of discussion in their meetings.

Topics discussed in YMN meetings:

- Bullying
- Health & Wellness
- Gang awareness
- Peer support
- Substance Abuse
- Anger Management
- Suicide prevention
- Communication
- Internet Safety Awareness

Youth Advisory Council (YAC)

The YAC members are youth representatives from across the state who advocate for their peers on the state level. They have planned fundraising and awareness activities, have had opportunities to attend local and national conferences and have participated on various committees.



Each year, **Youth M.O.V.E. SC** participates in National Children's Mental Health Awareness Week (**CMHAW**). **CMHAW** is scheduled annually during the first full week of May. The week is dedicated to increasing the public's awareness of the challenges and successes related to children's mental health. **Youth M.O.V.E. SC** raises awareness by organizing art action projects, annual Photovoice Exhibits, and rallies at the State Capital.

Are you interested in...

- Leadership opportunities?
- Using your own experiences to help others?
- A chance to create change?
- Building your Resume?

If you answered yes to any of these questions, feel free to **fill out the attached form and send it in!!!**

Connect with us...

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

E-mail: _____

Please check if you are a:

- Youth Parent Professional

Are you interested in starting a YMN in your community?

- Yes No

Are you interested, or know someone who may be interested, in joining the YAC?

- Yes No

Your interests/skills: _____

Other: _____

Please cut off this portion and return to:

Jenah Cason
Federation of Families of SC
810 Dutch Sq. Blvd.
Suite 205
Columbia, South Carolina 29210

• M. Motivating
• O. Others through
V. Voices of
E. Experience

YOUTH MOVE NATIONAL