

Federation of Families for Children's Mental Health of South Carolina



Federation of Families of SC Newsletter

www.fedfamsc.org

What time is it?

August 2014

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Upcoming Events

Suicide Prevention Day
September 10, 2014

September 19-20, 2014
Leadership Training
Columbia, SC

Key Facts

*Approximately 1 out of 5 adolescents has a diagnosable mental health disorder.

*The treatment success rate for children's

What time is it?

It is Back to School Time!

It is time for children and youth to return to school, their "workplace". I recently came across two interesting articles that I would like to share with you regarding returning to school. One is thought provoking, as it compares the students' workplace, school, to the adult workplace. Read the article by clicking [here](#), then ask yourself how you would respond to a "micromanaged environment".

The second article talks about the importance of play in the brain development. Unstructured play is seen as being more beneficial than structured, organized play. Click [here](#) to read the article. What are your thoughts? Structured or unstructured?

What time is it?

It is time to recognize the benefits of clinical research.

NIMH Clinical Trials

With the recent death of Robin Williams, there is a national spotlight on depression, which is a serious, but treatable disease. The National Institute on Health is conducting research studies on various medications used to treat depression and is seeking participants between the ages of 18-65. Click [here](#) for additional information.

What time is it?

It is time for Leadership Training!

mental health disorders is 80% .

*Children & Youth who experience trauma display increases in stress hormones that are comparable to those displayed in combat veterans.

"Children's Mental Health Matters"

Leadership Training will be held September 19-20, 2014, In Columbia. Click [here](#) for additional information and an application.

What Time is it?

It is time to say the "S" Word!

Survivors of Suicide....or Those Left Behind

When someone feels that the only way to end their pain is to take their own life through suicide, there are often many unanswered questions left for family members and friends. This article captures the emotions of a survivor and offers insight into how others can be a source of help and support during a difficult period of grieving and loss. Click [here](#) to read the account of a survivor of suicide.

+++Employment Opportunity+++

Continuum to Hire Parent Support Providers

The Federation of Families was recently awarded a contract to provide four full-time Parenting Peer Support Providers through the Governor's Office Continuum of Care. A Parenting Parent Support Provider will be based in these regions: Columbia, Greenville, Florence, and Charleston. To find out more about these positions, click [here](#).

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