

Attention Parents & Caregivers! Does this look familiar?



Do you feel like you have lost control?

Are you looking for new parenting styles to help you manage your child's behavior?

Are you looking to connect with other parents who have learned how to survive and thrive?

Register for our dynamic training!

Surviving & Thriving:

**Coping with Your Child's Behavioral Health Needs
and Managing Your Own Wellness**

Saturday, 10/20 • Columbia, SC • 9 am-4 pm

Registration is \$10/participant and includes lunch



Federation of Families
of South Carolina

A Voice for Children's Mental Health in SC

Text **HEART** to **77453** for
more information or register now:

fedfamsc.org/Thrive

803-772-5210 • toll-free 866-779-0402 • info@fedfamsc.org • www.fedfamsc.org

Surviving and Thriving

Criteria and Training Descriptions

Family Member Criteria for Attendance:

The Federation of Families of SC provides training for parents and caregivers of children and youth with emotional, behavioral, substance use, or mental health challenges. The purpose of Surviving and Thriving is to enable parents to effectively cope with their child's behavioral health needs while managing their own wellness.

Individuals who attend this training will be able to identify the stages of acceptance, recognize different parenting styles, manage power and control with positive parenting skills, embrace the importance of personal wellness, and enhance leadership and advocacy skills.

We provide on-going training, technical assistance, and networking opportunities to empower you as you develop advocacy skills and prepare to serve on local, state, and national committees.

To ensure an optimal learning environment, all guests must meet the following criteria:

1. Be a parent or caregiver of a child with emotional, behavioral or mental health and/or a substance use challenge.
2. Attend the training in its entirety.
3. Agree to provide the Federation of Families of SC with follow-up information regarding how the training has been beneficial to the child and family.
4. Be willing to attend the meetings of your local FFSC Family Support Network (FSN).
5. Be willing to promote mental health awareness and family-driven care support.

I, _____, have read and understand the criteria for attending Surviving and Thriving and will honor the criteria.

Signature

Date



**Federation of Families
of South Carolina**

A Voice for Children's Mental Health in SC



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Registration Form Surviving & Thriving October 20th, 2018

Participant Information:

Name: _____ Gender: _____

Mailing Address: _____ City: _____ State, Zip: _____

County: _____ Home Phone: _____ Cell Phone: _____

Email Address: _____

Race (optional- requested to help us achieve diversity):

- Black White Latino Native American Asian Bi-Racial Other: _____

Please list any trainings related to caring/advocating for a child with mental health and/or substance use issues you have attended:

I, _____, understand the criteria for attending the training and will honor the criteria.

Signature

Date

Registration Deadline: October 15, 2018! Send registration form to:

Federation of Families of South Carolina
810 Dutch Square Blvd, Suite 486
Columbia, SC 29210

Email: blair.boozer@fedfamsc.org
Fax: 803-772-5212

For questions, call: Local: 803.772.5210 Toll Free: 866.779.0402

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