



Prepare to Lead: Helping Families Find Their Way

Nov.: 1st, 8th & 15th
6:00 p.m. - 8:30 p.m.

Do you have what it takes to be a leader in your community?

Are you a good listener?

Do you enjoy meeting new people?

Do you have lived experience raising a child with emotional, behavioral, mental health and/or substance use challenges?

Are you willing to share those experiences while helping other families?

Prepare to Lead: Helping Families Find Their Way is for Parents/caregivers of children and youth with emotional, behavioral, and substance use challenges.

Participants will:

- State the role and expectations of volunteers
- Discuss volunteer policies and procedures
- Recognize the importance of confidentiality
- Communicate effectively with others
- Develop a supportive community of parents
- Serve as change agents in the community
- State what family and youth-driven support is and what it is not

Be willing to:

Share your lived experience | Facilitate family support networks

Serve on committees | Promote mental health & support family-driven care

To register for this training, please visit <https://bit.ly/prepare2lead>

For more information, please contact Belinda Pearson-Barber
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