

There's an

80%

**SUCCESS**  
rate for treatment  
of mental health challenges  
in children and youth

Let's get started.



Federation of Families  
of South Carolina

*A Voice for Children's Mental Health in SC*

**Federation of Families of SC**

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Connect with us!

[www.fedfamsc.org](http://www.fedfamsc.org)

[www.facebook.com/FederationSC](https://www.facebook.com/FederationSC)

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Federation of Families  
of South Carolina

*A Voice for Children's Mental Health in SC*

1 in 5  
children

has a behavioral health challenge.

**The Federation of Families of SC**

is here to

**help.**

# The Federation of Families of SC

is committed to providing

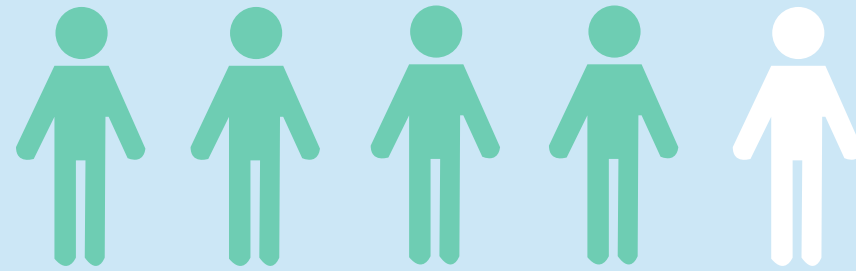
- awareness ● training
- advocacy ● support

for families of children and youth with behavioral health challenges

and **FREE** confidential services:

- support and training for families
- helpline for parents
- conferences and workshops
- community support networks
- advocacy education

These are the children and youth that need help.



But I'm the only one who will receive help.

We emphasize abilities & strengths, not limitations.

Talking about it **matters.**

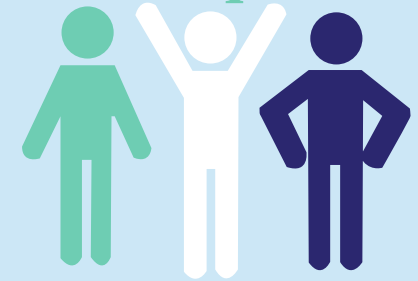
**Education** and **Awareness** are the most important actions towards eliminating stigma.

# Know the signs

If you see dramatic behavioral changes like these, **help is available.**

- decline in school performance
- regular worry or anxiety
- refusal to take part in normal activities
- persistent disobedience or aggression
- recurring thoughts of suicide or death
- frequent temper tantrums
- depression, sadness or irritability
- poor grades despite effort
- repeated refusal to go to school
- rapidly changing mood swings
- too much or too little sleep
- feelings of worthlessness
- persistent nightmares
- hyperactivity or fidgeting

Children are all **Unique**



Each child **grows and develops differently.**