



Federation of Families
of South Carolina

A Voice for Children's Mental Health in SC

Prepare to Lead: Helping Families Find Their Way!

In-Person Edition (Columbia)

July 25th: 6:30 p.m. - 8:30 p.m.

July 29th: 9:00 a.m. - 3:00 p.m.



Do you have
what it takes to be
a leader in your
community?

Are you a good
listener?

Do you enjoy
meeting new
people?

Do you have lived
experience raising a
child with emotional,
behavioral, mental
health and/or
substance use
challenges?

Are you willing
to share those
experiences while
helping other
families?

Prepare to Lead: Helping Families Find Their Way is for Parents/caregivers of children and youth with emotional, mental health, behavioral, and substance use challenges.

Participants will:

- State the role and expectations of volunteers
- Discuss volunteer policies and procedures
- Recognize the importance of confidentiality
- Communicate effectively with others
- Develop a supportive community of parents
- Serve as change agents in the community
- State what family and youth-driven support is and what it is not

Be willing to:

Share your lived experience | Facilitate family support networks

Serve on committees | Promote mental health & support family-driven care

To register for this training, please visit <https://bit.ly/prepare2lead>

For more information, please contact Belinda Pearson-Barber
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