



Federation of Families  
of South Carolina

*A Voice for Children's Mental Health in SC*

# Prepare to Lead: Helping Families Find Their Way!

*Virtual Edition*

**November 7<sup>th</sup>, 14<sup>th</sup> & 21<sup>st</sup>**  
**6:00pm - 8:30pm**



**Do you have what it takes to be a leader in your community?**

**Are you a good listener?**

**Do you enjoy meeting new people?**

**Do you have lived experience raising a child with emotional, behavioral, mental health and/or substance use challenges?**

**Are you willing to share those experiences while helping other families?**

Prepare to Lead: Helping Families Find Their Way is for Parents/caregivers of children and youth with emotional, mental health, behavioral, and substance use challenges.

Participants will:

- State the role and expectations of volunteers
- Discuss volunteer policies and procedures
- Recognize the importance of confidentiality
- Communicate effectively with others
- Develop a supportive community of parents
- Serve as change agents in the community
- State what family and youth-driven support is and what it is not

**Be willing to:**

**Share your lived experience | Facilitate family support networks**

**Serve on committees | Promote mental health & support family-driven care**

To register for this training, please visit <https://bit.ly/prepare2lead>

For more information, please contact Belinda Pearson-Barber  
[bbarber@fedfamsc.org](mailto:bbarber@fedfamsc.org) or 803.743.8672 (call or text)

**WWW.FEDFAMSC.ORG • 803.772.5210**